



**C. G. Jung Institutttet**  
**Dansk Selskab for Analytisk Psykologi, DSAP**  
Member of the International Association of Analytical Psychology, IAAP

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**A two-day's conference on  
Research in Analytical Psychology  
on the 5th and 6th of November 2022 in:  
"Kulturhuset Indre By", Charlotte Ammundsens Plads 3,  
1359 København K.**

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**Arne Vestergaard:**

**Socioanalytic approach to group supervision. A practical research project 2021-22.**



**Dea S. Stenbæk, Misser Berg og Christel Bormann:**

**Psilocybin induced numinous experiences in healthy humans.** How can mandala drawings add positively to the description of the experience?



**Christian Roesler:**

**Analytical Psychology has started with Jung's research on the complexes using the word association test.....** Research designs are presented for future research in analytical psychology.

## Socioanalytic approach to group supervision. A practical research project 2021-22.

Presentation and experiential work. The session builds on the experiences and results from a collaborative practical research project conducted in collaboration with a private company. The socioanalytic approach is informed by Jungian, socioanalytic, group analytic, complexity theory, neuropsychology and more. In particular, the socioanalytic approach to group supervision draws on well-established knowledge and decades of experience from social dreaming. The perspective for the theme of the day is that a socioanalytic approach to group supervision may be a step towards developing a collaborative, practical research method regarding Jungian psychoanalysis.



**Arne Vestergaard** is a psychologist, PhD, specialist, and supervisor in organizational psychology with 30+ years of experience. Since 2013, he has also worked as a Jungian analyst and psychotherapist with private practice in Copenhagen. He currently takes part in researching and developing a socioanalytic approach to group supervision and other group processes.

## Psilocybin induced numinous experiences in healthy humans. *How can mandala drawings add positively to the description of the experience?*

Our cooperation started when Christel and Misser met Dea at a lecture, named "The brain under the influence of psilocybin and the psychedelic experience." Dea had shown the mandalas she in the study had asked the participants to draw after the psilocybin session, and Misser and Christel became interested in whether the mandalas can add positively to the description of the psychedelic experience. In the following we will discuss our process and the possible positive conclusions in relation to the use of mandalas in psychedelic research projects.



**Misser Berg:** Jungian analyst, lecturer, supervisor in private practice.

**Christel Bormann:** MD, Jungian analyst, lecturer and supervisor in private practice.



**Dea S. Stenbæk:** Assoc. Professor, Psychologist, Dept. of Neurology and Neurobiology Research Unit, Copenhagen University Hospital.

## Research in analytical psychology.

Analytical Psychology has started with Jung's research on complexes using the word association test. In recent years it has become more important for analytical psychology to conduct research, since we will have to provide evidence in the future about the effectiveness of our method. But more important may be to better understand what goes on in depth over the course of psychotherapies. So an overview will be presented on research strategies, the findings regarding effectiveness of Jungian psychotherapy as well as psychodynamic therapies in general. On this background, research designs are presented for future research in analytical psychology.



**Christian Roesler, Ph.D., Dipl.-Psych.,** is a Professor at the Clinical psychology at the Catholic University of Applied Sciences in Freiburg, Germany, and Lecturer of Analytical Psychology at the University of Basel, Switzerland. He is also a Jungian psychoanalyst in private practice in Freiburg and a member of the faculty of the C. G. Jungian Institutes in Stuttgart and Zürich.

### Saturday the 5<sup>th</sup> of November

- 10.00-10.15: Welcome
- 10.15- 11.30: **Presentation:** Arne Vestergaard: What is a socioanalytic approach to group supervision? The experience base preceding the practical research project. The aim and the method of the research.
- 11.30-12.00: Coffee break.
- 12.00-13.00: **Group work and plenary discussion:** Arne Vestergaard: Hypotheses, questions, and perspectives for research in analytical practice.
- 13.00-14.00: LUNCH
- 14.00-15.15: **Presentation:** Dea S. Stenbæk, Misser Berg, Christel Bormann: Psilocybin induced numinous experiences in healthy humans. *How can mandala drawings add positively to the description of the experience?*
- 15.15- 15.45: Coffee-break
- 15.45-16.30: Plenary discussion – end of the day

### Sunday the 6<sup>th</sup> of November

- 9.30-9.45: Welcome
- 9.45-10.45: **Presentation:** Christian Roesler: Which will focus on why we do research, necessary knowledge about effectiveness of psychodynamic therapies, more general and in the Jungian psychotherapy. What are the questions to be investigated in the future and how can this be done in practice?
- 10.45-11.15: Coffee-break
- 11.15-12.15: Discussion of the four topics of the lecture.
- 12.15-13.15: LUNCH
- 13.15- 15.00: **Practical workshop:** Christian Roesler: in which I **will** focus on my dream research and how we can find out more about the role of dreams in the process of psychotherapy.
- 15.00-15.15: Coffee-break
- 15.15-16.00: Plenary discussion of the workshop – end of the day

**Practicalities:**

The conference is arranged by the Conference Group (Ad hoc members Petrusjka Jeiner and Birgit Kunov, and members of the Training Committee Lotte Snedevig and Christel Bormann) on behalf of the C.G. Jung Institute of Copenhagen and The Danish Society for Analytical Psychology (DSAP).

**Time and place:** The conference takes place on the 5th and 6th of November 2022 in "Kulturhuset Indre By", Charlotte Amundsens Plads 3, 1359 København K.

**The seminar fee:** includes coffee/tea/water in the breaks, and lunch.

Members of Jung Foreningen: both days 1.800 DKK, one day 1.000 DKK.

Reduced price for students: both days 1.200 DKK, one day 700 DKK.

Members of the DSAP: 200 DKK.

Attendance at the seminar is **mandatory and free of charge for candidates at the C.G.**

**Jung Institute**, as they have paid for their attendance via their training fee.

**SEATS ARE LIMITED - REGISTRATION IS NECESSARY!**

**REGISTRATION** is binding and must be submitted by e-mail to [konference@cg-jung.dk](mailto:konference@cg-jung.dk) marked: **Research** stating name and if relevant, memberships;

Registration is valid when the fee has been transferred to the following bank account:

Danske Bank reg.no. 1551, account nr. 1594907

IBAN DK4630000001594907 BIC/Swift DABADKKK

**Registration:** at the latest **October, the 8th 2022**. You will receive a confirmation mail from the administrative co-worker Brian Kalhøj as well as questions about lunch after the 8th of October.

If you need an electronic receipt, please give us the following information: name and address of your work place, EAN-number and name of addressee.

In case of overbooking, you will be informed by e-mail, and your payment returned. For further information contact [konference@cg-jung.dk](mailto:konference@cg-jung.dk)

Best regards from the Conference Group.

[www.cg-jung.dk](http://www.cg-jung.dk)