



C. G. Jung Institutet København.

Dansk Selskab for Analytisk Psykologi (DSAP)

Member of: International Association for Analytical Psychology (IAAP)

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CVR: 31 25 90 37

A two-day conference on

## **Communitas – “when giving is more than receiving”**

On Saturday and Sunday October 10-11, 2026, in  
“Valby Kulturhus”, Valgårdsvej 4, 5th floor,  
2500 Valby, by:

**Pia Skogemann**, (Denmark), M. A., Jungian analyst, supervisor, teacher  
And director of the training in Copenhagen.

**Eva Sophia Myers**, (Denmark), M. A. in English and Linguistics,  
Jungian analyst, DSAP and IAAP.



Pia Skogemann: Illustration for the book “Where the Shadows Lie”



**The symbols of the Self in modern democracies *and* The interpretation of the fellowship of the Ring as an individuating group - Pia Skogemann**

**The Kaleidoscope: The Art of Constellating Creative Collaboration – Eva Sophia Myers**



**Pia Skogemann**, b. 1949, MA, Jungian analyst in private practice since 1978. She is a training analyst, teacher, supervisor and director of training at the C. G. Jung Institute Copenhagen. She is the author of numerous books and articles, see [www.piaskogemann.dk](http://www.piaskogemann.dk). In English: *Where the Shadows Lie. A Jungian interpretation of Tolkien's The Lord of the Rings*, Chiron, 2009, and *Waxing Femininity: Adult Female Development from the Perspective of C. G. Jung's Psychology*, Jungianeum, 2025 (Danish 1984). Papers: The Double Coniunctio Tales in: *Copenhagen 2013*, Daimon, 2014, Mother Denmark in: *Cultural Complexes in Europe*, (2. Ed.) Ed. J. Rasche and T. Singer, Spring Journal Books, Routledge, 2025. The Daughter archetype in: *Anthology of Contemporary Clinical Classics in Analytical Psychology*, ed. S. Carpani, Routledge, 2022.

### 1. Presentation

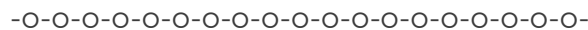
This presentation explores the relationship between Jung's concept of the Self and the structure and functioning of modern democratic societies. Drawing on the notion of *umwelt* as the intersection of inner and outer worlds, Pia argues that the Self not only organizes the psyche but also shapes collective cultural and political realities. Through a comparative analysis, pathological forms of self-defense—such as dissociation, loss of symbolic capacity, and identification with authoritarian power—are linked to totalitarian systems, while healthy Self-functions—especially symbolization and the capacity to mediate between inner and outer realities—are associated with democratic processes. Rituals, both traditional (e.g., tribal ceremonies) and modern (e.g., Christmas celebrations and collective national events), are interpreted as symbolic enactments that sustain individual and collective identity by renewing the Self.

### 2. Presentation

Tolkien's famous book *The Lord of The Rings* forms the basis of this presentation. Pia will focus on the interpretation of the fellowship of the Ring, the Brotherhood, as an individuating group. Not only does every individual in the group individuate, but at the same time they interact with and have a strong transforming influence on the countries they travel through in their pursuit to reach the goal of destroying the Ring.

### Time Schedule Saturday October 10: Pia Skogemann

- 10.00-10.15 Welcome
- 10.15-11.30 **1. Presentation:** Symbols of the Self in a modern democracy (see above)
- 11.30-12.00 Break
- 12.00-13.00 Plenary discussion
- 13.00-14.00 LUNCH
- 14.00-15.15 **2. Presentation:** The individuating group (see above)
- 15.15-15.45 Break
- 15.45-16.30 Plenary discussion



### Eva Sophia Myers

With a diverse background (goldsmith; M.A. in English and Linguistics; Jungian Analyst, member of DSAP and IAAP; psychotherapy and psychodynamic organisational consulting), Eva Sophia Myers has extensive experience with university governance, where for more than 20 years she has designed and headed large scale, participatory and inclusive organisational change processes across disciplines and international borders.

In addition to her analytical practice, Eva Sophia Myers works as an independent consultant, specialising in advising and supporting collaborative and creative research leadership and environments, primarily in the form of extended developmental processes based on daily interactions and situated, contextual and task-oriented capacity building for individuals and groups. She also offers training in collegiate supervision as well as individual leadership coaching.

## The Kaleidoscope: The art of Constellating Creative Collaboration

In this participative workshop I will present a Jungian framework for understanding and fostering collective creativity as a fundamentally relational and intersubjective process with deep implications for communities serving as an externally anchored experience for individuation. I see this as crucial for empowering communities and enabling them to become strong, vital and healthy entities offering their members conducive conditions for individuation.

Drawing on analytical psychology and complementary perspectives (e.g., Winnicott, Stern, Bohm, Gordon, Fordham, and systems-centred group theory), I propose creativity as deeply connected to individuation, meaning-making, and the capacity for individuals as well as groups to live with uncertainty, difference, and paradox. Thus, creativity constitutes a vital force to bridge inner and outer worlds, conscious intention and unconscious emergence, symbolisation, structure and play.

My primary focus is on working groups and instances of interactions such as meetings. Working groups and collectives are some of the most meaningful and important communities, we take part in during our adult lives. It is my thesis, that working groups constitute a rich source for both collective and individual development. Which hinges on the group's joint ability to collaborate even through tension, frustration, differences – without splitting apart or rushing to (thin) resolutions, but by staying with and growing through the tension. When this happens, specific moments – akin to Stern's present moments in psychotherapy – occur moments with the power to reorganise relationships and open new solutions, avenues and possibilities for thought and action – individually and collectively. Collective creativity and creative collaboration are in my view ways to enable and constellate a generative, creative collective force, and may offer important ways to understand and empower external-world organisational practices in support of healthy communities and democracies – on a practical level this offers an antidote to a dystopian view of group dynamics as essentially destructive.

To this end, I present the Kaleidoscope, as a symbol and model of how to constellate creative collaboration: how to honour and hone the potential space wherein imperfect, tension-filled, dynamic collaborative interactions may lead to collective creativity, as well as the potential this holds – both for the participating individuals and the wider community. This has relevance for contemporary organisations, where creativity is essential for individuation as well as the vitality of democratic, innovative organisations, groups or systems.

The presentations will serve as the starting point for participative and joint reflections and explorations of some of the proposed aspects of constellating creative collaboration and the bigger question of *communitas* seen from a Jungian perspective.

I will present aspects (theory and examples) of my work with enabling creative collaboration in working groups. This will be complemented with reflective activities and joint explorations with the aim of inviting participants to put the presented principles into perspective and how these relate to Jungian praxis.

**Time Schedule for Sunday October 11: Eva Sophia Myers:** There will be breaks, the long time-spans mirrors the idea of an organic flow, breaks show up naturally.

9.30-9.45 Welcome

9.45-12.30 **Presentations:** (See text above):

The Kaleidoscope: The Art of Constellating Collective Creativity  
Examples of collective creativity.

**Participatory activities:**

Exploring (some of) the complexities in the room.  
Structured joint reflection.

12.30-13.30 Lunch

13.30-16.00 **Presentations:** (see text above).

The Kaleidoscope: a closer look at the guiding principles in this praxis: Paradox, process and participation.  
The principles in praxis: examples.

**Participatory activities:**

Creative and symbolic exploration of the guiding principles.  
Structured joint reflection on how this approach relates to Jungian practices and the question of *Communitas*.  
Active imagination.

## **Practicalities:**

The conference is arranged by the Conference Group (Mei-Fun Kuang, Petrusjka Jeiner Svane, Misser Berg and Christel Bormann) on behalf of the C.G. Jung Institute of Copenhagen.

**Time and place:** The conference takes place on Saturday October 10 and Sunday October 11, 2025, in “Valby Kulturhus”, Valgårdsvej 4, 5th floor (with an elevator), 1359 København K.

**The fee:** includes coffee/tea and lunch.

**Ordinary fee:** 1.300, - DKK for one day, 2.600, - DKK for two days.

**Members of Jung Foreningen:** 1.100, - DKK for one day, 2.200, - DKK for two days.

**Reduced price for students:** 800, - DKK. for one day, 1600, - DKK for two days.

**Members of the DSAP:** 200 - DKK for one day, 400, - DKK for two days.

Attendance at the seminar is **free of charge for candidates at the C.G. Jung Institute**, as they have paid for their attendance via their training fee.

## **SEATS ARE LIMITED - REGISTRATION IS NECESSARY!**

**REGISTRATION** is binding and must be submitted by e-mail to [konference@cg-jung.dk](mailto:konference@cg-jung.dk) marked: **Communitas**, stating **name** and if relevant, **memberships**.

Registration is valid when the fee has been transferred to the following bank account:

Danske Bank reg. no. 1551, account no. 1594907

IBAN DK4630000001594907 BIC/Swift DABADKKK

**Registration:** at the latest **September 20, 2025**. You will receive a confirmation mail from the administrator Martin Klitgaard.

If you need an electronic receipt, please give us the following information: name and address of your workplace, EAN-number and name of address.

In case of overbooking, you will be informed by e-mail, and your payment returned. For further information, contact [konference@cg-jung.dk](mailto:konference@cg-jung.dk)

Best regards from the Conference Group.

[www.cg-jung.dk](http://www.cg-jung.dk)