

# Reading List for the Training in Jungian Analysis

## Qualifying for Membership of IAAP



(NB! Certain literature may be updated to newer versions and thus reflect the theoretical development within the Jungian world)

### References 1<sup>st</sup> year:

Ego and consciousness,

Jung, C.G.: CW 9I, §§ 489 – 524.

Jung, C.G.: CW 9II, §§ 1 – 12.

Adler, G.: Studies in Analytical Psychology, pages 120 – 175.

Buber, M.: I and Thou.

Edinger, Edward.F.: Ego and Archetype, pages 3 – 104.

Jaffe, Aniela: The Myth of Meaning. Pages 138 – 153.

Neumann, E.: The Origins and History of Consciousness

Whitmont, E.C. and Perera, Sylvia Brinton: Dreams a Portal to the Source, pages 17 – 22.

Psychological typology,

Jung, C.G.: CW 6, Psychological Types,,: Chapter 10: General Description of Types

von Franz, Marie-Louise and Hillman, James: Jung`s Typology. Spring Publications. Texas 1979 : s 1- 72

Hillman, James. The Feeling Function s 75- 148

Spoto, Angelo: Jung´ s Typology in Perspective, Chiron Publications, 1995 USA.

Borbye, Edward: Hvorfor er du så anderledes? Jungs typologi i teori og praksis. Dansk Management Forum.

Kbh 1996

The persona, the structure of the psyche, other theories of the ego,

Jung, C.G.: CW 7, §§ 202 – 265.

Mattoon, Mary Ann: Jung and the Human Psyche, Routledge, 2006

Samuels, Andrew: Jung and the Post-Jungians Routledge 1985. p. 23 – 54.

Skogemann, Pia: Er jeg en sommerfugl, der drømmer? Jeg, bevidsthed og det ubevidste s. 65-85, Lindhardt & Ringhof, Kbh. 1992

Jung, C.G.: CW 9II, §§ 1 – 12.

Neumann, E.: The Origins and History of Consciousness

Jung, C.G.: CW 9I, the Archetypes and the Collective Unconscious chapter I-IV

Skogemann, Pia: En jungiansk fortolkning af Tolkiens Ringenes Herre. Copenhagen, Athene, 2004.

Methods and theories of practical psychotherapy,

Samuels, Andrew: Transference and countertransference, in: Handbook of Jungian Psychology. Ed. Renos Papadopoulos. Published by Routledge 2006, Pages 177 to 195

Freud, Anna: The ego and The Mechanisms of Defense, Hogarth Press 1979. Pages 18 to 24.

Greenson, Ralph R.: The Technique and Practice of Psychoanalysis." (The International Psycho-analysis Library 74) Hogarth Press 1981., Pages 151 to 357.

Jung, C.G.: CW 16, §§ 353 -401.

Bateman, Anthony and Holmes, Jeremy : Introduction to Psychoanalysis Routledge 1995. Pages 95 to 117.

Little, Margaret I.: Transference Neurosis and Transference Psychosis. Jason Aronson Inc. 1981.

The shadow,

Jung, C.G.: CW 9II s 8-10: The Shadow

von Franz, Marie-Louise: Skyggen og det Onde i Eventyr. Kbh 1993

Henderson, Joseph: Shadow and Self, Illinois 1990. chapter 7 s 63-99.

Guggenbühl Craig, Adolf: Power in the Helping Profession. Dallas 1990

Jung, C.G.: CW 9I s 255-272

Jung, C.G.: CW 11 page 355-470

Perera, Sylvia Brinton: Syndebocken, Solna, Sverige 1992.

Jacoby, Mario: Individuation and Narcissism. München 1990. s 171-75

Jacoby, Mario: Longing for Paradise, Boston 1985 : s 153- 164

Hall, James A.: The Structure of the Collective Shadows, i: Mary Ann Mattoon (ed) : The Archetype of Shadow in a Split World. Schweiz 1987 s 113-137:

Sandner, Donald: The Split Shadow and The Father -Son Relationship. i: Mary Ann Mattoon (ed) : The Archetype of Shadow in a Split World. Schweiz 1987 s 361-377

Gordon, Rosemary: Masochism: The Shadow Side of the Archetypal Need to Venerate and Worship. i: Mary Ann Mattoon (ed): The Archetype of Shadow in a Split World. Schweiz 1987 s 283-300

Hultberg, Peer: Shame: An Overshadowed Emotion. i: Mary Ann Mattoon (ed): The Archetype of Shadow in a Split World. Schweiz 1987 s 157-177

Drahon Gallard, Martine: Black Shadow-White Shadow i: Mary Ann Mattoon (ed) : The Archetype of Shadow in a Split World. Schweiz 1987 s 199- 219

Marsanich, Grassi de: The Shadow Archetype in Anorexia Nervosa and Depression. i: Mary Ann Mattoon (ed): The Archetype of Shadow in a Split World. Schweiz s 261- 282

Complex theory,

Jung, C.G.: CW 8, §§ 92 - 104.

Jung, C.G.: Den psykiske Energetik og Drømmenes væsen. Gyldendals uglebøger 2001. The chapter "Generelt om kompleksteorien" p. 79 – 93

Samuels, Andrew: Jung and the Post-Jungians pp 23-54 (Routledge & Kegan Paul, London, 1985)

The word association test,

Jung, C.G.: CW 2, Psychoanalysis and Association Experiments

Jung, C.G.: CW 2, The Associations of Normal Subjects

Archetypes,

Skogemann, Pia: En jungiansk fortolkning af Tolkiens Ringenes Herre. Copenhagen, Athene, 2004. pp., 7-73

Jung, C.G.: CW 9I, §§ 489 – 524.

Jung, C.G. et al: Mennesket og dets symboler,

Jung, C.G.: CW 16, The Practice of Psychotherapy

Jung, C.G.: CW 7, The Structure and Dynamics of the Psyche,

Jung, C.G.: CW 7, Two Essays on Analytical Psychology,

Jung, C.G.: CW 9I, The Archetypes and the Collective Unconscious,

Jung, C.G.: Memories, Dreams and Reflections

Psychiatry

Perry, J. Christopher: Instrument til klinisk vurdering af de psykiske forsvarsmekanismer.

McWilliams, Nancy: Psychoanalytic Diagnosis, Understanding Personality Structure in the Clinical Process

Cullberg, Johan: Psychosis, Chapter 7: Neurological vulnerability factors, Chapter 8: Psychological vulnerability factors, Chapter 20: Toward a bio-psycho-social model of psychosis.

Mollon, Phil: Multiple Selves, Multiple Voices, working with Trauma, Violation and Dissociation. Chapter 1: Dissociation, Chapter 5: The effects of trauma and abuse upon internal and external object relations, belief systems and psychobiology.

Ethics.

Barnes, Fiona Palmer: Complaints and Grievances in Analytic Practice Routledge 1998. chapters 1 – 4..

Barnes, Fiona Palmer: Ethics in Practice. in Hester McFarland Solomon and Mary Twyman: The Ethical Attitude in Analytic Practice, Free Association Books 2003.

Animus/anima and gender, Mother and father complex,

Jung, C.G.: CW 7, Anima and Animus, paragraphs 296 - 340.

Jung, C.G.: CW 9.I, Concerning the Archetypes with special reference to the Anima Concept paragraphs 134 –147

Jung, C.G.: CW 9.I, The Psychological Aspects of the Kore, paragraphs 306 - 383.

Jung, C.G.: CW 9.II, The Shadow and the Syzygy, paragraphs 13 - 42.

Skogemann, Pia: Er jeg en sommerfugl, der drømmer? Mandlighed og Kvindelighed p. 44 – 65. Jeg, bevidsthed og det ubevidste p. 65 – 86. De hellige jomfruer p. 114 – 138. Lindhardt & Ringhoff 1992.

Kast, Verena: Anima/Aminus. In The Handbook of Jungian Psychology, ed. Renos K. Papadopoulos, Routledge 2006.

Kast, Verena: Father Daughter Mother Son, Freeing ourselves from the complexes that bind us. Element Books 1997.

Bradway, Katrine: Gender Identity and Gender Roles. Their Place in Analytical Practice. I: Stein, Murray: Jungian Analysis, London 1984, s 275- 293 :

Interpretation of dreams,

Mattoon, Mary Ann: Understanding Dreams. (fx in a paperback version from 1991)

(original title: Applied Dream Analysis, 1978)

The Self and symbol formation,

Jung, C.G.: CW 9II, paragraphs 1 - 67, paragraphs 422 - 429,

Jung, C.G.: CW 11, paragraphs 580 758.

Adler, G.: Dynamics of The Self. Pages 15 - 32.

Edinger, E.: The Aion Lectures. Pages 11 - 21, Pages 34 - 43,

Hillman, J.: Loose Ends. Pages 63 - 81.

Harvest. Journal for Jungian Studies. Volume 35. (1989 – 1990) Pages 41 - 62.

Journal of Analytical Psychology. Volume 30, number 3, pages 233 - 250.

Jung, C.G.: CW 16, The Psychology of the Transference, 1946

Schaverien, Joy: The Revealing image: Analytical Art Psychotherapy in Theory and Practice, Jessica Kingsley Publishers (1999).

Psychiatry.

Vestergaard, P., Sørensen, T., Kjølbye, M., Videbech, P.: Psykiatri, lærebog om voksnes psykiske sygdomme, Chapter 1: Basic concepts of psychiatry p.15-p.35, Chapter 9: Personality disorders p.213 -240–

Wallin, David: Attachment and psychotherapy, Attachment patterns in psychotherapy p. 191 – 256: The chapters 11 – Constructing the Developmental Crucible 12 - The Dismissing Patient: From Isolation to Intimacy , 13 – The Preoccupied Patient: Making Room for a Mind of One’s Own , 14 – The Unresolved Patient: Healing the Wounds of Trauma and Loss

Practice, technique, boundaries, couch/chair, money etc.

Jung, C.G.: CW 16, Chapter I: Principles of Practical Psychotherapy, paragraphs 1 – 27, Chapter IV: The Aims of Psychotherapy, paragraphs 66 – 113, Chapter V: Problems of Modern Psychotherapy, paragraphs 114 – 174.

Haynes, Jane and Wiener, Jan: The Analyst in the Counting House: Money as Symbol and Reality in Analysis.

### **References 2<sup>nd</sup> year:**

Developmental psychology,

Winnicott, Donald W. (1958): Through Paediatrics to Psychoanalysis; Collected Papers, Tavistock Publications. Chapter IV : Observation of Infants in a set situation, Chapter XV: Hate in the counter transference, Chapter XVIII: Transitional Objects and Transitional Phenomena

Baby observation with written reports,

Briggs, Andrew (ed): From "Surviving Space", Papers on Infant Observation, The Tavistock Clinic series, 2002, Introduction and Chapters 2 and 3

Jacoby, Mario: Jungian Psychotherapy & contemporary Infant Research Basic patterns of Emotional Exchange. Routledge 1999, Chapters 1-5, 8 & 11

Jacobsen, Claus Haugaard, Thorgaard, Lars og Lanken, Lisbeth (eds): Tilknytning, Tab og Tilblivelse i psykodynamisk belysning., Aalborg Universitetsforlag 2006, Artiklen " At blive til: Erfaringer med Spædbørnsobservation efter Ester Bicks metode" af Lisbeth Lanken

Sidoli, Mara: When the body speaks, Archetypes in the body. Routledge 2000 Chapters 1 & 3

Theories of the interpretation of fairy tales

Jung, C.G.: CW 9.I, The Phenomenology of the Spirit in Fairy Tales (1945)

Jung, C.G.: CW 13, The Spirit in the Bottle (1948 )

von Franz ,Marie-Louise. Eventyrfortolkning (da. 1989)

Neumann, Erich: Amor og Psyche. Niels Bings forlag, 1965

Asper, Kathrin: *Ravnen i Glasbjerget* (da. 1989)

Dieckmann, Hans: *Fairy Tales in psychotherapy* i: JAP, vol 42, April 1997

Kalsched, Donald E.: *The Inner World of Trauma, part II (on fairy tales)*, London/NewYork 1996

Skogemann, Pia: *En karl var min mor, en fisk var min far*, Kbh 1998

### References 3<sup>rd</sup> year:

Symbolic material and its interpretation. (Dreams, alchemy, religion, mythology, synchronicity, interpretations of pictures and films.)

Greek and Nordic Mythology. Theory and case discussions

Jung, C.G. & Kerenye, C: *Science of Mythology*. Ark Paperbacks 1985, Kap. II: *The Psychology of the Child*

Archetype, Kap: IV: *The Psychological Aspects of the Kore* (Or in C.W. vol.9.1, kap. IV.),

Kradin, Richard: *The Family Myth: its deconstruction and replacement with a balanced humanized narrative*. JAP, 2009, 54, 217-232

Psychology and Religion; I Ching

Jung, C.G.: CW 11, Foreword to I Ching by CG Jung, pg 589-608 or download from

<http://www.iging.com/intro/foreword.htm>

Stein, Murray: *Some reflections on the influence of Chinese thought on Jung and his psychological theory* p 209-222. JAP, Volume 50 nr. 2, April 2005

Zabriskie, Beverly: *Synchronicity and the I Ching: Jung, Pauli and the Chinese Woman* p 223-236.

Jung and religion

Jung, C.G.: CW 11, paragraphs 1 – 171.

Jung, C.G.: CW 18, paragraphs 608 – 696.

Otto, Rudolph: *The Idea of the Holy*.. Published by Penguin 1959, Pages 15 – 55.

Adler, Gerhard: *Studies in Analytical Psychology*.. Published by Hodder and Stoughton, Pages 176 – 216.

Bible: Genesis Chapter 28. verses 10 – 22, Exodus Chapter 3, verses 1 – 6.

Rites de Passage - Shamanism. Theory and case examples

Jung, C.G.: *Erindringer, drømme, tanker* Kbh 1984, s.147- 170 *Konfrontationen med det ubevidste*.

Jung, C.G.: CW 11: *Psychological commentary on "The Tibetan Book of the Dead, § 851-858*

Stein, Murray: *In midlife. A Jungian perspective*. Spring, 1983.

Turner, Victor: *Between and between i: The Forest of Symbols*. London, 1967.. og i antologien *Between and Between. Pattern of masculine and feminine initiation*. Ed. Louise Carus Mahdi. Open Court. Ill., 1987.  
Zoja, Luigi: *Drugs, addiction and initiation*. Daimon, 2000 ( chapters 1,2,5,7,8)

#### Buddhism

Goddard, D. (ed): *A Buddhist Bible*

Conze, E.: *Buddhist Scriptures*

Wu, John C.H.: *The Golden Age of Zen*

Watts, Alan: *Zen-buddhism*

Rinpoche, Sogyal: *The Tibetan Book of Living and Dying*

Meckel, Daniel J. (ed): *Self and Liberation – The Jung/Buddhism Dialogue*

Moacanin, Radmila: *Jung's Psychology and Tibetan Buddhism*

Spiegelman, J.Marvin og Miyuki, Mokusen: *Buddhism and Jungian Psychology*

#### Synchronicity and , Parapsychology

Jung, C.G.: *CW 8, Synchronicity: An Acausal Connecting Principle*

Stevenson, Ian: *Twenty Cases Suggestive of Reincarnation*

Stevenson, Ian: *Where Reincarnation and Biology Intersect*

#### Dreams and symbols

Mattoon, Mary Ann: *Understanding Dreams*. (Original title: *Applied Dream Analysis*)

Vedfelt, Ole: *Drømmenes dimensjoner*, København 2007

#### Alchemy

Jung, C.G.: *CW 12 Psychology and Alchemy*

Jung, C.G.: *CW 16 The Psychology of the Transference* p 163-326

#### **References 4<sup>th</sup> year:**

The individuation process. (Dreams, myth, maturation, wisdom, relation to the Self)

#### Individuation

Jung, C.G.: *CW 7, Individuation* pars. 266-406

Jung, C.G.: *CW 9.1, Conscious, Unconscious and Individuation*, pars. 489-524

Jung, C.G.: *CW 9.1, A Study in the Process of Individuation*, pars. 525-626

Samuels, A.: Jung and the Post-Jungians, Routledge & Kegan Paul, 1985, chap: The Self and Individuation p. 89-132

Stein, M.: Individuation, p. 196-213 (17 pages), in The Handbook of Jungian Psychology, ed. R.K. Papadopoulos, Routledge 2006

Skogemann, P: Er jeg en sommerfugl, der drømmer?, Lindhardt og Ringhof, 1992chap: Visdom som individuationens mål, p. 156-180

#### Research

Falk Leichsenring, DSc; Sven Rabung, PhD : Effectiveness of Long-term Psychodynamic Psychotherapy. A Meta-analysis. JAMA. 2008;300(13):1551-1565.

Francisco Alberdi 1 & Bent Rosenbaum : Evidens for psykodynamisk psykoterapi. Ugeskr Læger 172/42 18. oktober 2010.

Denise Ramos: Cultural Complex sand the Elaboration of Trauma from Slavery p 51-67, Montreal 2010.

Chr. Roesler: Research: Neurosciences, Genetics and Cultural theory p. 71-91, Montreal 2010

#### The Practice of Psychotherapy

Jung, C.G.: CW 16, Chapter I: Principles of Practical Psychotherapy, paragraphs 1 – 27, Chapter IV: The Aims of Psychotherapy, paragraphs 66 – 113, Chapter V: Problems of Modern Psychotherapy, paragraphs 114 – 174.

Stein, Murray: Jung's Treatment of Christianity. The Psychotherapy of the Religious Tradition, USA 1985, Chap. 2 pp 21-68

#### Complex theories and Cognitive theories

Jung, C.G.: CW 2, paragraphs 728-747, from 'The Psychological Diagnosis of Evidence'.

Jung, C.G.: CW 3, paragraphs 77-106 and 183-184, from 'The Psychology of Dementia Praecox'.

Jacobi, Jolande: Complex / Archetype / Symbol in the Psychology of C.G. Jung, pp. ix-xi and 25-30. Princeton University Press 1974.

Dieckmann, Hans: Complexes. Diagnosis and Therapy in Analytical Psychology, pp. 1-3. Chiron Publication 1999.

Kast, Verena: Father-Daughter, Mother-Son. Freeing Ourselves from the Complexes that Bind Us, pp. 21-29, Element 1997.

Young, Jeffrey E.: Kognitiv terapi ved personlighedsforstyrrelser: en skemafokuseret tilgang, pp. 11-42. Hans Reitzels Forlag 2003. In English: Cognitive Therapy for Personality Disorders: A Schema-Focused Approach, pp. 1-25. Professional Resource Press 1999.



### Individuation and religion

Jung, C. G.: CW 7: Individuation pars. 266-406

Jung, C.G.: CW 9.1: Conscious, Unconscious and Individuation, pars. 489-524

Jung, C.G.: CW 9.1.; A Study in the Process of Individuation, pars. 525-626

Samuels, A.: Jung and the Post-Jungians, Routledge & Kegan Paul, 1985, chap: The Self and Individuation p. 89-132

Stein, M.: Individuation, p. 196-213, in *The Handbook of Jungian Psychology*, ed. R.K. Papadopoulos, Routledge 2006

Skogemann, P: Er jeg en sommerfugl, der drømmer?, Lindhardt og Ringhof, 1992, chap: Visdom som individuationens mål, p. 156-180

### Individuation and the development of wisdom

Skogemann, P: Er jeg en sommerfugl, der drømmer?, Lindhardt og Ringhof, 1992, chap: Visdom som individuationens mål, p. 156-180

Jacobi, Mario: Individuation and Narcissism, New York/Canada, Routledge, 1990

### History of Psychotherapy

McGuire, William (ed): *The Freud Jung Letters*, London 1974, Jungs brev til Freud 2. april 1909 og brev til Freud 10. juli 1909, s. 215-217 og s. 240-242.

Jung, C.G.: CW 3, *On Psychological Understanding*, s. 179-193 (§§ 388-424).

Jung, C.G.: CW 10, *The Role of the Unconscious.*" (Über das Unbewusste), s. 3-28 (§§ 1-48).

Jung, C.G.: CW 6, *Psychological Types*, chap *The Significance of the Uniting Symbol*, s. 189-258 (§§ 318-433).

Jung, C.G.: CW 9I, *The Archetypes and the Collective Unconscious*, chap *The Meaning of Individuation*, s. 275-289 (§§ 489-524).

Jung, C.G.: CW 12, *Psychology and Alchemy*, *Introduction to the Religious and Psychological Problems of Alchemy*, s. 3-37 (§§ 1-43), *The Symbols of the Self*, s. 215-223 (§§ 323-331).

### Contemporary debates in Jungian and Post-Jungian subjects

Knox, Jean: From archetypes to reflective function, *JAP* Volume 49, Issue 1, Pages: 1–19

Wilkinson, Margaret: The mind–brain relationship: the emergent self, *JAP* Volume 49, Issue 1, 2004, Pages: 83–101

Hogenson, George B.: Archetypes as action patterns volume 54, issue 3, pages 325–337

Merchant, John: A reappraisal of classical archetype theory and its implications for theory and practice volume 54, issue 3, pages 339–358

Wiener, Jan: The Therapeutic Relationship: Transference, Countertransference, and the making of Meaning, 2009, Chap 2: working in and working with the transference, Chap 3: countertransference and Imagination, Chap 4: The transference Matrix

**The 5<sup>th</sup> Year:**

Termination:

Skogemann, Pia: Psykoterapeutisk Identitet i: Psykoteraputen, 2000 (attached)

SKOVHOLT, T. M. og RØNNESTAD, M. H.: The Evolving Professional Self. England, Wiley & Sons, 1992

Kohut, Heinz: Termination of the Analysis. I: The Restoration of the Self. USA, International Universities Press, 1977.

Schaverien, Joy: The Dying Patient in Psychotherapy. UK, Palgrave Macmillan, 2002

Gordon, Rosemary: Dying and Creating. A search for meaning. UK, The Library of Analytical Psychology, Vol. 4, 1978.