



C.G. JUNG Institute Copenhagen
Danish Society for Analytical Psychology (DSAP)
member of the International Association for Analytical Psychology

Training Programs offered by the Jung Institute



Mandala by one of Jung's patients. Provided by the picture archive of the C.G. Jung Institute Zurich, Küssnacht

1-year Foundation Course in Analytical Psychology
4-year Training as Jungian Psychotherapist
6-year Training as Jungian Analyst

Training Programs offered by the C.G. Jung Institute Copenhagen

C.G. Jung Institute Copenhagen offers a comprehensive three-step private Training Program in Analytical Psychotherapy and - Analysis, comprising the following:

1-year Foundation Course in Analytical Psychology

4-year Training as a Jungian Psychotherapist (building upon the Foundation Course with an additional three years). This training provides access to associate membership of the Danish Society for Analytical Psychology (DSAP) and to membership of the Danish Psychotherapist Association (Dansk Psykoterapeutforening, DPFØ)

6-year Training as a Jungian Analyst (building upon the 4-year training as a Jungian Psychotherapist with an additional two years). This training qualifies individuals for membership in the International Association for Analytical Psychology (IAAP).

The training at the Jung Institute takes place during weekends, either Saturday-Sunday or Friday-Saturday-Sunday. The seminars take place either as non-residential- or residential seminars. The distribution is shown in the detailed course plans on the following pages.

In addition, the training in the 2nd, 3rd and 4th year also includes a number of online research-based seminars, typically on Thursdays in the late afternoons.

This schedule makes participation possible for candidates from provinces in Denmark as well as countries outside Denmark.

The Training Programs will be updated regularly.

The non-residential seminars take place in Hvidehus, Valbygaardsvej 64A, 2500 Valby.



*Hvidehus,
teaching
room*

The residential seminars take place at Munkerupgaard, Jørgenshvilevej 10, Munkerup, 3250 Gillelæge



*Munkerup-
gaard is
located
right by the
water*

The three-step training program is designed to give an introduction to the Jungian understanding of the psyche and provide the participants with the skills needed to practice Jungian psychotherapy/analysis, centering on meaningful engagement with the unconscious and the use of symbolic work as a pathway to personal insight and transformation.

The candidates will learn how to support clients in exploring both conscious and unconscious aspects of the psyche. Jungian psychotherapy/analysis involves working with dreams, images, and symbols to uncover hidden conflicts and inner resources. Symbolic expression - through art, imagination, stories, or play - allows experiences and emotions that may be difficult to verbalize to be explored in a meaningful way. Symbols act as a bridge to the unconscious, offering a deeper language of the psyche.

The goal of Jungian psychotherapy/analysis is to help individuals live in greater alignment with their authentic self. This process often leads to a stronger sense of identity, greater inner balance, and increased empathy toward oneself and others.

The language of the training is English.



Organisation and management

The C.G. Jung Institute is managed by a Training Committee, a Director of Training, and a Staff. See the Handbook for the Organisation of the Jung Institute.

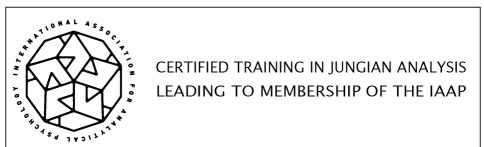
Contact: institut@cg-jung.dk

Approval of the trainings at Jung Institute

The 4-year Training is certified by the Danish Psychotherapist Association. Read about the certification <https://psykoterapeutforeningen.dk/uddannelser>.

Non-Danish applicants are responsible for verifying whether the training they receive at the institute is recognized in their home country.

The 6-year Training is certified by the International Association for Analytical Psychology, IAAP. Read more here: <https://iaap.org/about-the-iaap/iaap-group-members-with-training-status/>



The 1-year foundation course



Mandala by one of Jung's patients. Provided by the picture archive of the C.G. Jung Institute Zurich, Küssnacht

A 1-year course that through a combination of theory and practice will introduce participants to the basic concepts of analytical psychology and provide understanding and insight into how the inner and outer world interact and influence

- all aspects of psychological development
- relational skills in work, group and family contexts.
- complex issues in the individual and in the culture.

Seminars will be given by teachers at the Jung Institute and by other members of DSAP.

Participation in the 1-year Foundation Course is one of the admission requirements for the C.G. Jung Institute's advanced programs for Jungian Psychotherapist MPF and Jungian Analyst IAAP, respectively.

Target Group

- 1) Applicants to the C.G. Jung Institute's advanced education programmes, where the foundation course constitutes the first year. See admission requirements on the next page.
- 2) Psychotherapists or others in the health sector, employees in HR departments, teachers, pedagogues, etc. who need new inspiration / continuing education in Jungian psychology.

Content of the Course

The theoretical part consists of an introduction to theories on the structure and development of the psyche, typology, complexes, symbol formation, archetypes, the inherent creativity of the psyche and the individuation process etc. This is illustrated using classical Jungian theory (Jung, Neumann, von Franz and others) as well as more recent Jungian theorists (Samuels, Asper, Kalsched, Winborn, Skogemann, and others).

The theoretical part consists of training in the interpretation of symbols, both in life stories and everyday situations as well as in dreams, images and films, which is the mythical universe of our time.

The practical part is based on participants' own experiences and seeks to strengthen personal resources. At the end of the course, a written assignment of 5 - 10 pages must be submitted if participants want to apply to the C.G. Jung Institute's higher education programmes for Jungian Psychotherapist MPF and Jungian Analyst IAAP, respectively.

Format of the Course

The course is primarily residential at Munkerupgaard; however, the courses in May and October take place as non-residential seminars at Hvidehus Valby, see descriptions on page 2.

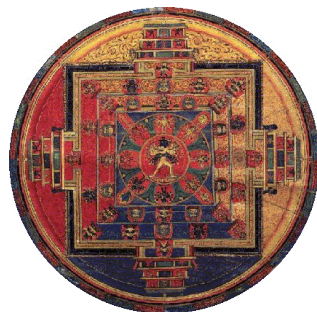
Application Requirements:

The applicant must have a relevant basic education as well as at least 2 years of work in the field.

Applicants who subsequently want to be admitted to the advanced programmes for Jungian Psychotherapist MPF and Jungian Analyst IAAP, respectively, must meet the academic and professional requirements as described on the website: <https://cg-jung.dk/cg-jung-institut-kbh/uddannelse/>. We can also be contacted by writing to institut@cg-jung.dk

Application:

The application form can be found at <https://cg-jung.dk/cg-jung-institut-kbh/kursus/>. Alternatively, a written application can be sent to institut@cg-jung.dk.



Kalachakra Mandala. https://kalachakranet.org/mandala_kalachakra.html

Personal analysis:

Participants are encouraged to attend regular personal analysis with an IAAP Jungian Analyst. To apply for admission to the C.G. Jung Institute's advanced programmes, personal analysis is required: 30 hours by the application deadline and 50 hours at the start of the training.

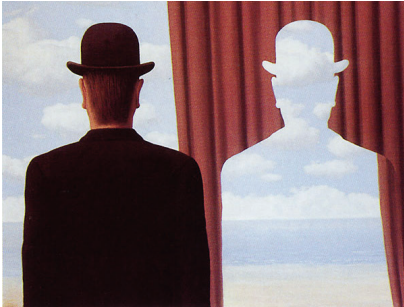
Seminars

1. Seminar February

- Portrait of Jung in contest
- The structure of the psyche
- The ego
- Typology
- Fairy tales

2. Seminar March

- The shadow
- Persona
- Archetypes



Magritte: *Decalomania*

3. Seminar April

- Symbols and symbolformation
- Dreams



4. Seminar May

Non-residential seminars in Hvidehus

Day one:

- The stages of life and individuation
- Development from conception to mid-life
- Development in the second half of life

Day two:

One-day conference open for participants and candidates at the Jung Institute, members of DSAP and guests.

Themes vary, and often presenters will be prominent Jungians from abroad.

Day three:

- Presentation of the requirements for the essay
- Presentation of the advanced training
- Complexes

5. Seminar September

- The black Self
- Psychedelics
- Eros and Thanatos
- Early defences, trauma
- The basic fault



Gaudi, *La Pedrera*, Barcelona

6. Seminar October

Non-residential seminars in Hvidehus

Day one:

- Animus and anima
- Gender

Day two and three:

Two-day conference open for participants and candidates at the Jung Institute, members of DSAP and guests. Themes vary

7. Seminar November

- Individuation and the Self
- Active Imagination
- Mandala painting
- Presentation of Essays
- Gala-dinner

Course fee:

DKK 38,000

Covers participation in the course, board and lodging in a single room for internships, lunch for externships. The course fee is paid as follows:

Deposit:

DKK 6,000.

Rest payment: 2 instalments of DKK 16,000, payable no later than 15.01.2026 and 15.08.2026

The deposit and subsequent course fees should be paid to the account number below

Danske Bank

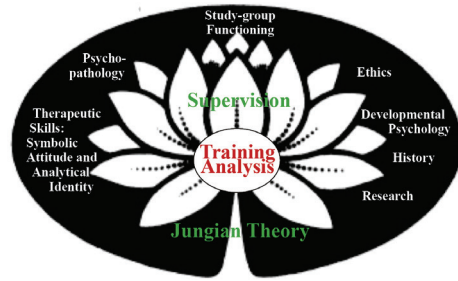
reg. no. 1551, account no. 1594907

IBAN: DK463000001594907

BIC/Swift: DABADKKK

Application deadline is October 1st the year before the start of the Foundation Course

The 4-year Psychotherapy Training



The 4-year Training at the Jung Institute has three key components: theory, training analysis and supervision. The training programs comprise theory and methodology, practice training, and group supervision. In addition to this, candidates must engage privately with a training analyst and an individual supervisor.

The 4-year Training as a Jungian Psychotherapist includes modules covering the theory of science, simple documentation, and research methods for research, primarily in the candidate's own practice.

The Aim of the Training

The aim of the training is to qualify candidates to practice analytical psychology as Jungian Psychotherapists at a level consistent with the current national standards as required by the Danish Psychotherapist Association.

Application Requirements:

The applicant must have:

An academic degree in a relevant discipline such as psychology, medicine, theology, sociology, anthropology, pedagogy, science of religion. In special cases and after careful consideration, dispensation may be given to individuals with an equivalent level of education or to individuals with a relevant medium length education plus a relevant postgraduate training

3 years of professional experience with an emphasis on work that is related to human interaction (such as clinical practice, counselling, or teaching)

A minimum of 50 sessions of personal analysis with an IAAP recognized Jungian Analyst. The number of sessions must be obtained by the start of the training. However, by the time of the application at least 30 sessions of personal analysis must be completed

The applicant must have completed the 1-year Foundation Course offered by the C.G. Jung Institute, Copenhagen.

In order to apply, the following must be submitted:

- a written application with a short autobiography and a description of the personal motivation for applying. (2 – 5 pages)
- the approved essay from the 1-year Foundation Course
- Curriculum Vitae
- documentation of the number of sessions of personal analysis written by the analyst

Admission Procedure

Once the application is approved by the Training Committee, the applicant must have an interview with two members of the Training Committee. In special cases the applicant may be asked for an extra interview.

The purpose is to assess whether the applicant holds the basic knowledge and qualitative understanding of the principles of psychotherapy and whether the applicant will be suited for the work as a Jungian Psychotherapist. The committee members pass on their recommendation of the applicant to the Training Committee.

Application Fees

Administrative fee (currently 1.000 Dkr.) Fee for the interview (currently 2.000 Dkr).

If an application is turned down the applicant will be offered a free session with one of the members of the Training Committee.

Application deadline is September 1st the year before the training starts and will be published on the website <https://cg-jung.dk/>

Content of the 4-year Training

The themes and focus of the four years are:

- **Year 1:** Introduction to basic concepts and methodology in analytical psychology (Foundation Course)
- **Year 2:** Preparing for clinical work, deepening knowledge, and methodology in analytical psychology. Introduction to research.
- **Year 3:** Clinical work with clients, focus on developmental psychology, symbolic interpretation and continuing research.
- **Year 4:** Clinical work with clients, focus on psychotherapy as research-based practice and finishing training as a Jungian Psychotherapist.

See the program for each year on the following pages as well as the practical information about course fee etc.

Year 2

(following the Foundation Course)

1. Seminar February

Friday night and the weekend (2½ days)

- Candidates meet the staff
- Candidates meet the older candidates
- Group-work with Jungian text
- Dream-matrix
- Introduction to the Study Handbook for the Four-Year Training and practical knowledge

2. Seminar March

Residential course (3 days)

- Beginning practice and The four stages of therapy according to Jung
- Roleplay with a fictional client
- Lectures with a Jungian topic
- Dream-matrix,
- Interpretation of films



Circles in the Sea, Ynez Johnston.

See https://en.wikipedia.org/wiki/Ynez_Johnston

3. Seminar April

Day course (2 days)

- Basic concepts: Overview; groupwork
- Roleplay on group supervision
- Dream-matrix

4. Seminar May

Day course (2 days + 1 day conference)

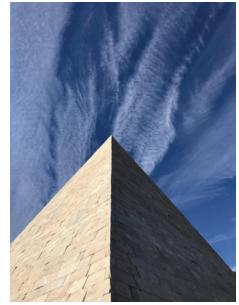
- Day 1: Dreams
- Day 2: Conference: Topic changes
- Day 3: Psychopathology I



5. Seminar June

Online course (1 day)

- Complexes
- The Self



The Self, photo by Martin Schmidt

6. Seminar September

Day course (2days)

- Study-group functioning
- Archetypes
- Dream-matrix



Uroboros, ARAS <https://aras.org/>

7. Seminar October

Day course (1 day + 2 days conference)

- Day 1: Psychopathology II
- Day 2 and 3: Conference: Topic changes

8. Seminar November

Day course (2 days)

- Psychic Energy
- Preparation for oral exam
- Dream-matrix

9. Seminar December

Residential course (3 days)

- Roleplay and group supervision
- Active Imagination
- Lecture with a Jungian topic
- Dream-matrix
- Interpretation of films

Year 3

1. Seminar February

Day course (2 days)

- Oral exam

2. Seminar March

Residential course (3 days)

- Developmental psychology: Object relations
- Sandplay, theory and practice
- Fairy tales
- Dream-matrix,
- Interpretation of films
- Lecture on a Jungian topic



Sandplay seminar at the residential course in Munkerupgaard

3. Seminar April

Day course (2 days)

- Group supervision
- Fairy tales
- Dream-matrix



From <https://cg-jung.dk/artikler-og-essays/eventyr/>

4. Seminar May

Day course (2 days + 1 day conference)

- Day 1: Developmental psychology: Attachment
- Day 2: Conference: Topic changes
- Day 3: Psychopathology III

5. Seminar September

Day course (2 days)

- Group supervision
- Study-group functioning
- Dream-matrix

6. Seminar October

Day course (1 day + 2 days conference)

- Day 1: Dreams
- Day 2 and 3: Conference: Topic changes

7. Seminar November

Day course (2 days)

- Developmental psychology: Modern infant research
- Dreams and symbols
- Dream-matrix

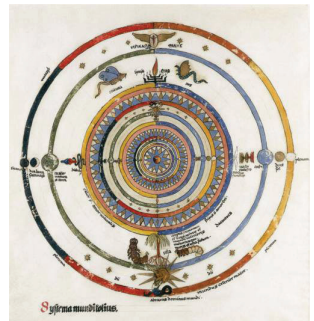


*The Nightmare 1781,
Johann Heinrich Füssli/Detroit Institute of Arts, Detroit.*

8. Seminar December

Residential course (3 days)

- Anxiety
- Lecture with a Jungian topic
- Group supervision
- Dream-matrix
- Interpretation of films



*Mandala painted
by C.G. Jung, who
wrote: "This is the
first mandala I
constructed in the
year 1916, wholly
unconscious of what
it meant."*

Year 4

1. Seminar February

Day course (2 days)

- How to search research and keep up to date
- History of psychotherapy
- Dream-matrix

2. Seminar March

Residential course (3 days)

- Introduction to the action research project
- Study-group functioning
- Lecture with a Jungian topic
- Word Association Test
- Dream-matrix
- Interpretation of films

<i>An Example of a Normal Reaction Type</i>			
Stimulus word	Reaction Time	Reaction	Reproduction
	Unit 0.2 second		
head	9	foot	part of the body
green	11	blouse	
water	14	clear	light
to sing	6	children	
dead	11	do not like	I, tall
long	6	short	
ship	7	forth	
to pay	9	bills	
window	9	room	room
friendly	10	children	
table	9	chair	
to ask	10	all kinds	
cold	7	warm	

Word Association Test example *American Journal of Psychology*, 31, 219-269.

Two Online sessions on action research project

3. Seminar April

Day course (2 days)

- The body in analysis
- Group supervision on body in analysis
- Symbolic work: Dream-matrix, the body in analysis



Primavera. https://da.m.wikipedia.org/wiki/File:Sandro_Botticelli_039.jpg

4. Seminar May

Day course (2 days + 1 day conference)

- Day 1: Action research exam
- Day 2: Conference: Topic changes
- Day 3: Ethics and law in psychotherapy

5. Seminar September

Day course (2days)

- Group supervision on the analytic attitude
- Group supervision on the therapeutic relationship, Jung and beyond
- Dream-matrix

6. Seminar October

Day course (1 day + 2 days conference)

- Day 1: Psychopathology V
- Day 2 and 3: Conference: Topic changes

7. Seminar November

Day course (2 days)

- Introduction to Sex and Couples therapy
- Study-group functioning
- Dream-matrix



Sculpture by Antonio Canova. https://en.wikipedia.org/wiki/Antonio_Canova

8. Seminar December

Residential course (3 days)

- Introduction to the 4th year assignment
- Theory and group supervision: Dreams and individuation
- Lecture with a Jungian topic
- Dream-matrix
- Interpretation of films

Year 5

1. Seminar February

Friday night and the weekend (2½ days)

- Candidates meet the new candidates
- Symbolic work
- Psychological interpretation of mythology
- Trauma and dissociation;
- Pathological narcissism

2. Seminar March

Residential course (3 days)

- Individuation and the development of wisdom
- Synchronicity and I Ching
- Core competencies of the Jungian psychotherapist
- Symbolic work: Dream, matrix, film, other symbolic work



I Ching YI, Transformations



Bayeux Tapestry - a small part. See the whole tapestry on <https://commons.wikimedia.org/>

The 6-year Training as a Jungian Analyst

The prerequisite for continuing the training to become a Jungian Analyst is to pass the 4th year assignment. But there is a smooth transition between the psychotherapy training and the analytic training. Therefore, the first 3 seminars concluding the psychotherapy training (see above) is at the same time the beginning of the analytic part of the training.

Most of our candidates had intended to become Jungian Analysts long before they completed the psychotherapy part of their training; indeed, many had already decided that when they started the Foundation Course.

This last part of the training, will allow candidates to become members of the IAAP and the worldwide Jungian community. It contains seminars on more complex Jungian themes, as well as allowing candidates to continue their own analysis and work with clients under supervision. Both in themselves and with the clients they will realize more fully the unique and scientifically well-determined properties about long-term therapy.

3. Seminar April

Day course (2 days)

- Examination of the clinical part of the 4th year assignment

Graduation from the 4-year Jungian Psychotherapist Training

The April-seminar marks a milestone in the training. After having passed all the required essays incl. the 4th year assignment; having obtained the required number of individual analysis and supervision as well as the required psychiatric practice, and having submitted the petition, the candidates have completed their training as Jungian Psychotherapists and they may hereafter apply for membership of DSAP and Dansk Psykoterapeutforening.

Those candidates who want to complete the training as Jungian Analysts will continue the training the rest of year 5 and year 6, see below.

Below Jung's stone in Bollingen which he carved during the many times he stayed there. The text on the stone is in Greek and in the translation, it says:

"Time is a child – playing like a child – playing a board game – the kingdom of the child. This is Telesphoros, who roams through the dark regions of this cosmos and glows like a star out of the depths. He points the way to the gates of the sun and to the land of dreams."



https://en.wikipedia.org/wiki/Bollingen_Tower

Year 5 continued

4. Seminar May

Day course (2 days + 1 day conference)

- Day 1: preparing for case report and final article.
- Day 2: Conference: Topic changes
- Day 3: Ancient psychology: Enheduanna
- Dream-matrix



Enheduanna
<https://da.wikipedia.org/wiki/Enheduanna>

5. Seminar September

Day course (2days)

- Jung and religion
- Study group functioning
- Dream-matrix

6. Seminar October

Day course (1 day + 2 days conference)

- Day 1: Group supervision
- Day 2 and 3: Conference: Topic changes

7. Seminar November

Day course (2 days)

- Alchemy: Rosarium
- The Red Book
- Dream-matrix

The Red Book <https://commons.wikimedia.org/>



8. Seminar December

Residential course (3 days)

- Group supervision
- Rites de Passage and shamanism
- Lecture with a Jungian topic
- Dream-matrix
- Interpretation of films

Year 6

1. Seminar February

Day course (2 days)

- Core competences in Analytical Psychology
- The transformative meaning of suffering based on Job
- Dream-matrix

2. Seminar March

Residential course (3 days)

- Professional individuation
- Termination
- Dream-matrix,
- Interpretation of films
- Endings
- Goodbye

Graduation from the 6-year Training as a Jungian Analyst

During year 5 the candidate must write the internally evaluated case-report, which must be submitted by February 1st in year 6. The March-seminar in year 6 is the last seminar in the training. The rest of year 6 should be spent on writing the final article which must be submitted the following year by February 1st. The year should also be spent on gathering the remaining required hours of personal analysis, supervision and sessions with clients under supervision. The candidate is now ready to graduate as a Jungian Analyst and can obtain membership of DSAP and IAAP. The graduation will be celebrated at DSAP's annual General Assembly.



ARAS The Five-Deity Mandala of Amoghapaśa, ground mineral pigment on cotton, 16th century, Nepal.

Additional information

General Information

May be found on <https://cg-jung.dk/> - Jung Institute, 1-year Foundation Course and 4- and 6-year Training.

Attendance, Participation and Absence

Attendance at the seminar weekends is mandatory. If absence cannot be avoided, the candidate must send a notice to institut@cg-jung.dk

For the Foundation Course: In case of more than 10% of absence, the number of sessions of attendance will be noted on the Training Certificate which is handed out at the end of the course.

For participants intending to continue the training in Jungian Psychotherapy / -Analysis, any missed or cancelled seminars must be covered by a short written essay demonstrating an understanding of the relevant subject.

In case of cancellation of participation in a group supervision the candidate will be asked to take a specified number of extra hours of individual supervision.



ARAS: Jung, C.W., "The Archetypes and the Collective Unconscious" vol. 9i, Pic. 8 [JF 8202]

Extent of the Training

Both the Foundation Course, the 4-year Psychotherapy Training and the 6-year Analytical Training are part-time trainings. The training programs are compatible with full-time work, as seminars are mainly held on weekends.

The three training programs each comprise the following number of sessions:

- 1-year Foundation Course comprises in all 190 60-minutes sessions
- 4-year Psychotherapy Training comprises in all 1.010 60-minutes sessions (incl. the 190 sessions from the Foundation Course)
- 6-year Analytical Training comprises in all 1.560 60-minutes sessions (incl. the 1.010 sessions from the previous trainings).

Exams

The training comprises the following exams:

1. An essay at the Foundation Course.
2. An oral exam after the second year
3. An essay on fairy-tale interpretation in the third year
4. An action research presentation in the beginning of the fourth year.
5. A final assignment for the Jungian Psychotherapy training after the fourth year
6. A case report after the fifth year
7. A final article after the sixth year.

You will find a detailed description of each exam in the Handbook.

Methods of Training

The methods of the program support the candidate's learning process and development through a combination of training analysis, theory and acquisition of methods and skills, and for the 4- and 6- year trainings also clinical training experience. Methods and clinical training are based on the internationally approved Training Program for Jungian Analysts. Methods of particular importance are highlighted below.

Training Analysis

Training analysis is at the core of becoming a Jungian Psychotherapist/Analyst. The candidate learns in practice how a long process of analytical work with the unconscious transforms both oneself and the relationship with other people. The analysis provides insight into the candidate's own complexes and life experiences and how this influences the work with clients.

Symbolic Work

In each seminar, the candidate trains in the exploration and understanding of symbols, images and myths, which in Jungian psychology are understood as the bridge between the conscious and unconscious parts of the psyche and are important elements in the development of consciousness and psychological transformation. Training is done through film interpretation, symbolic work, social dreaming, own and clients' dreams.

Research

The 2nd, 3rd and 4th year of the program focuses on the importance of practice-based research and research-based practice.

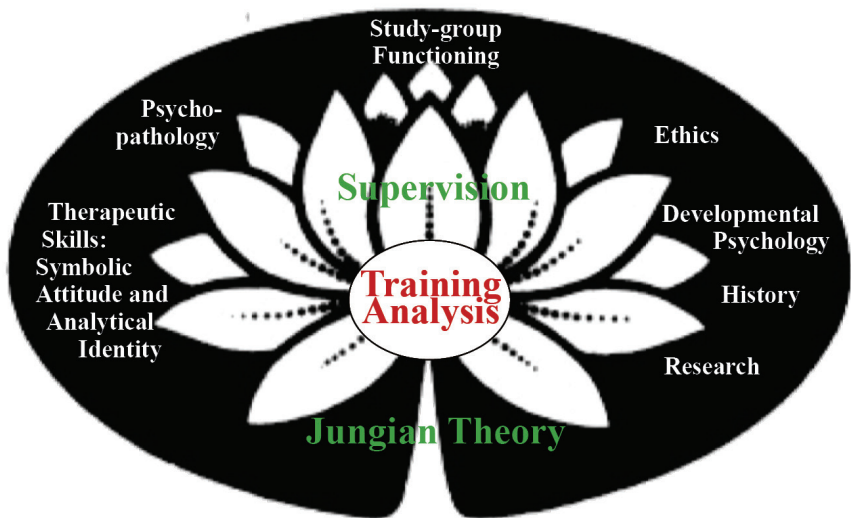
The training programme comprises online research modules that focus on research in own practice and the theory of science around psychotherapy, qualitative and quantitative methods, phenomenology, and research ethics. The modules facilitate dialogue between theory and the participants' psychotherapeutic practice.

The C.G. Jung Institute Copenhagen

The CG Jung Institute Copenhagen was founded in 1980 and reorganised onto the present form in 1996.

The Institute has since the start trained a large number of Jungian Analysts and recently also a growing number of Jungian Psychotherapists. A list of practicing Jungians Analysts and -Psychotherapists can be viewed at the website <https://cg-jung.dk/> in the drop-down: Jungian Analysis.

The Jung Institute's aim is to train Jungian Psychotherapists and Jungian Analysts with a solid knowledge of analytical psychology and practice. In addition to the extensive theoretical insight into the subject, personal work in the form of training analysis and supervision of client work is a very important part of the Jung Institute's training of psychotherapists and analysts. The goal is to enable them to perform Jungian psychotherapy and analysis with high professionalism, competence and ethics.



“Jung does not hesitate to use the nearly obsolete word ‘wisdom’ (for which the more modern term ‘maturity’ is an unsatisfactory substitute), and he declares, ‘The natural end of life is not senility but wisdom.’

(Ellenberger, H. F. (1970). *The discovery of the unconscious* (p. 712). Basic Books.)