

A one day conference on

Trauma in Children

On the 13th of May 2023 in "Kulturhuset Indre By", Charlotte Ammundsens Plads 3, 1359 København K

By Lars Øivind Øian



"Healing the Wounds of Trauma in Children: Safety, Love and Playfulness"



Lars Øivind Øian graduated as a Jungian analyst at ISAP Zürich in 2010 and has been in private practice since 2006. He has varied experience; as a Senior advisor in the Children's House of Bergen for the Ministry of Justice and Police, family counselor in the Children's Services, student counselor for students with mental illnesses at the University of Bergen and as a practical nurse at the Psychiatric University Hospital in Bergen. Lars has been trained in multiple areas; grief, family therapy and systemic practice, complex traumatization and dissociation, EMDR for children,

youths and adults. He has also received training in art therapy. He has a master's degree in history. He loves nature and is happy to live with his family next to the ocean and the mountains on the west coast of Norway.

Healing the Wounds of Trauma in Children: Safety, Love and Playfulness

Presentation 1: To be in the front line each day, meeting traumatized children at the Children's House in Bergen Police District has given me a unique and extraordinary experience and insight into their horror of trauma and dissociation. I will share a clinically rich and comprehensive overview of the trauma treatment and crisis intervention given. It will also be a presentation of judicial forensic interviews with children, and the importance of medical examination since their body often can be the scene of crime. I will also bring in the deep experience of love, healing and playful approaches to serious problems in therapy such as dream work, imagination, drawings and sand play. The children often choose their own expression through spontaneous playful movement. The challenge can be to follow the child and to avoid interfering with their psychic expression.

Presentation 2: I will give examples of single traumatization and the gliding scale to more complex traumatization with dissociative symptoms in children and young people. I will also touch upon the theme of children's experience of betrayal from the family system and society in general. The denial of children's stories of violence can be a shameful experience and leave them alone, isolated with their painful experiences. I am often in court to talk about the children's cases and I will give a glimpse of my experience of the judicial system. The society struggles to acknowledge and to integrate the children's stories; their reflex can be denial, avoidance and attacking the child in the attempt to hide what is going on in the shadow part of the society. The shadow of society is not only a theoretical expression but a truly felt experience that can be a challenge for the well-being, even for the professional helper.

Time schedule for Saturday the 13th of May:

10.00-10.15: **Welcome**

10.15-11.00: **Presentation1**: Overview of the trauma treatment and

crisis intervention. Presentation of judicial forensic interviews with children, and how to bring love, healing and playfulness into the approach to serious problems in therapy such as dream work, imagination, drawings and

sand play (see more on p. 2).

11.00-11.30: BREAK

11.30-12.00: **Presentation 1 continued** and plenary discussion

12.00-13.00: LUNCH

13.00-14.00: **Presentation 2**: Examples of single traumatization and the

gliding scale to more complex traumatization with dissociative symptoms. The children's experience of betrayal and the shadow side of the society (see more on

page 2).

14.00-14.30: BREAK

14.30-15.30: Introduction to group work and the group work

15.30- 15.45: BREAK

15.45-16.30: Plenary. End of the day.

Practicalities:

The conference is arranged by the Conference Group (Christel Bormann, Lotte Snedevig and Petrusjka Jeiner) on behalf of the C.G. Jung Institute of Copenhagen.

Time and place: The conference takes place on the 13th of May 2023 in "Kulturhuset Indre By", Charlotte Ammundsens Plads 3, 1359 København K.

The fee: includes coffe/tea and lunch.

Ordinary fee: 1.300 DKK.

Members of Jung Foreningen: 1.100 DKK. Reduced price for students: 800 DKK. Members of the DSAP: 150 DKK.

Attendance at the seminar is mandatory and free of charge for candidates at the C.G.

Jung Institute, as they have paid for their attendance via their training fee.

SEATS ARE LIMITED - REGISTRATION IS NECESSARY!

REGISTRATION is binding and must be submitted by e-mail to **konference@cg-jung.dk** marked: **Research** stating **name** and if relevant, **memberships**. Registration is valid when the fee has been transferred to the following bank account: Danske Bank reg.no. 1551, account nr. 1594907 IBAN DK4630000001594907 BIC/Swift DABADKKK

Registration: at the latest **May the 1st 2023**. You will receive a confirmation mail from the administrator Brian Kalhøj.

If you need an electronic receipt, please give us the following information: name and address of your work place, EAN-number and name of addressee.

In case of overbooking, you will be informed by e-mail, and your payment returned. For further information contact konference@cg-jung.dk

Best regards from the Conference Group.

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